# P.S.S.A

### **Brisbane Water Primary School's Sports Association**

President: Matthew Walter - Wyoming Public SchoolPhone: 4325 2181Email: matthew.walter@det.nsw.edu.auVice President: Lucy Newton- Narara Public SchoolPhone: 4328 3024Email: lucy.newton@det.nsw.edu.auSecretary: Chris Gilkes - Kariong Public SchoolPhone: 4340 1885Email: chris.gilkes@det.nsw.edu.auTreasurer: Alanna Nicholson - Point Clare Public SchoolPhone: 4325 0594Email: alanna.nicholson1@det.nsw.edu.au

# **Brisbane Water Zone Cross Country Carnival**

Date 19<sup>th</sup> May, 2023 (Friday Week 4)

Back up 26th May, 2022 (Friday Week 5) Keep Free!

**Location Wyoming Public School** 

41 Maidens Brush Road Wyoming

Time 9:30 - 9:50 am - students arrive

10.00 am - walking the track

10.45 am - first race

Cost \$3.00 levy for each competitor (no cost for spectators)

Parents and competitors are not to arrive at the venue before 9.30am. This will allow for Wyoming Public School to start their day and set up time for the event.

#### ORDER OF EVENTS

#### (A) Each age group will walk the track with their allocated marshal

#### (B) Races conducted as follows:

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1.	Girls 8/9 years	2 kms
2.	Boys 8/9 years	2 kms
<b>3.</b>	Girls 10 years	2 kms
4.	Boys 10 years	2 kms
<b>5.</b>	Girls 11 years	3 kms
<b>6.</b>	Boys 11 years	3 kms
7.	Girls 12/13 years	3 kms
<b>8.</b>	Boys 12/13 years	3 kms

#### **CARNIVAL RULES**

- Each school may enter a <u>maximum</u> of 6 competitors in each race.
- There are NO spikes or bare feet allowed on the course.
- Competitors who finish in the **first six places** are to go straight to the recorders table to register and receive information on the Regional Carnival, then add their raffle tickets to their school's envelope.
- All competitors must keep left when able and must not stop other runners from passing.

- Competitors interfering with other runners or those not completing the correct course will face disqualification by race officials. Please report to organiser at once.
- Any queries regarding the results should be made only by the team manager. No discussion with students or parents will be entered into.
- Please direct all protests within 15 minutes of race completion.
- There will be a medical station available on the day and mobile kits with the course marshals at Points 5 and 7 in the rainforest.

#### THE RECORDING SYSTEM

- A raffle ticket will be awarded to each runner as they finish, showing the position they came.
- Runners will give their team manager their raffle tickets.
- The team manager records the names and positions of their school's first **four** runners in that event. The raffle tickets are then placed inside the envelope and delivered to the recorder's desk.
- The school with the lowest total on the day is the carnival point school winner.

#### **COURSE**

• The track is 1km long, 8, 9, 10 year olds will do two laps and 11, 12, 13 year olds will do three laps. Students will be marked on each lap with a permanent marker. 50% of the course is flat road base and 50% is a bush track that is true cross country.

#### SPECTATORS / TEAM SET UP

- All school teams will set up their shade marquees on the oval. The area is flat and grassy, a tarp will make seating more comfortable as the grass will be damp. Teams will be close to the start and the finish lines.
- Out of bounds students need to stay with their manager except when using toilet, canteen or competing. Remember Wyoming Public is still functioning as a school and additionally holding a zone carnival. Please discuss with your students prior to the day and on arrival. All attending staff need to enforce this, as it is part of our risk management.
- Please assist with tidying up spectator areas prior to departure.

#### WET WEATHER

• The carnival will only be postponed if it is pouring. Expect the carnival to be held if there are showers. Postponement will be by email from 7:30am, through email, Facebook and local radio. (SeaFM/2GO) No news, carnival is on.

#### **PARKING**

• Parking is limited like most schools. Schools are encouraged to use a bus to transport students. The carnival should be finished by 1:30pm. There is no parking available at Wyoming Public and limited parking at the oval and tennis courts opposite. Please convey this issue to the parents who may come and watch.

## **GENERAL INFORMATION**

- Merchandise available on the day. (Cash only) Please discuss with your runners.
- <u>Sydney North Carnival</u> will be held at Gosford Racecourse on Thursday 15<sup>th</sup> June. (Week 8) All region notes need to be sent to me prior to attendance. There is a \$5.00 gate entry on the day. This will be explained on permission notes for all Met North competitors.

Thank you in advance for your time, help and cooperation. Matthew Walter